



WHY VEGANS DON'T EAT



HONEY?



Despite **varying opinions** on the possibility of consuming honey produced by so-called "gentle" methods, **vegans choose not to eat this food due to ethical reasons**



which often puzzles those who do not follow this lifestyle.





The **vegan choice** is primarily ethical, above considerations of sustainability, environmentalism, or health.

It involves the decision not to kill or exploit animals in any context.





Therefore, vegans avoid honey as it is still a product of the exploitation of bees, which limits or somehow harms their sustenance and well-being.



Honey is a reserve food for bees, nourishing them during the winter months when they cannot feed on flower nectar.



**KEEP YOUR
SUGARED
WATER.
I WANT MY
HONEY**



The harm to bees

Checking hive conditions and extracting honey inevitably leads to the injury and death of numerous bees.

The situation worsens in intensive farming, where bees are fed sugar syrup instead of honey, **causing nutrition and immunity issues.**





Common practices in honey production include unethical procedures such as:

Killing males during the process of artificial insemination

In some farms, the wings of queen bees are clipped to prevent them from flying and thus avoid swarming



Destruction of entire hives if it is too costly to maintain them





Honey is not an essential food for the human diet.



It can easily be replaced with various plant-based syrups such as **maple, agave, molasses, or malt** – barley, corn or rice –, **coconut flower syrup, or vegan honey.**





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CHANGE**



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