



# **YOUR MINI SUMMER VEGAN GARDEN**



**colour and flavour  
on your balcony**



# TRANSFORM YOUR BALCONY INTO A GREEN PARADISE

Experience the pleasure of cultivating fresh, sustainable food right from your home! Embrace the opportunity to enact change while nurturing your plants in an environmentally friendly way.





# CHOOSE THE RIGHT SPOT

Have you noticed which part of your balcony receives the most sunlight throughout the day? Ensure that your plants get at least 4-6 hours of direct sunlight daily, as this is crucial for photosynthesis and promotes the growth of strong, healthy vegetables.





# POTS AND CONTAINERS

What kinds of empty containers do you currently have at home? Glass jars, old paint buckets, or even unused drawers can become charming planters. Just make sure each container has adequate drainage holes to avoid water accumulation.





# MAXIMISE YOUR SPACE

Make sure every plant is easily reachable for watering and routine care. Labelling pots with the plants' names and planting dates can help you monitor their growth and effectively meet their specific needs.





# CHOOSE PLANTS BASED ON YOUR EXPERIENCE

If you're a beginner in gardening, don't worry—there are plenty of forgiving vegetables that are ideal for novices. Cherry tomatoes, arugula, spinach, and bell peppers are easy to grow and do well in containers.





# SEASONAL PLANNING AND CLIMATE

It's important to select plants that suit your area's climate, especially during the summer. If your balcony becomes particularly hot, opt for plants that thrive in direct sunlight, such as chilli peppers and basil.





For additional tips and information,  
visit [veganok.com](http://veganok.com)

**Be the  
CHANGE**

**GO VEGANOK**